



**PHYSICAL EDUCATION EXEMPTIONS**  
**TERMS AND CONDITIONS AGREEMENT**  
BOE Approved June 3, 2019

The following are the allowable exemptions from physical education in School District U-46. Please complete the form, check the option you are requesting and return completed to the Guidance Office by the due date listed next to the exemption you have chosen.

**Athletic Exemptions for Student in Grades 7-12**

\_\_\_\_\_ \*Students in grades 7-12 may be exempted from physical education (PE) if they can provide documentation of ongoing participation in a nationally sanctioned athletic program that requires 15 or more hours of training on a weekly basis between Monday and Friday. In addition, students must provide their elite national ranking from the national governing body of the sport. Exemption requests and documentation must be submitted to the Assistant Superintendent of Secondary Education for review prior to the start of the semester. (Student is NOT exempt from health class. Students may not take another class in place of PE. The student will receive a PE credit and grade of a P on their transcript. If your activity does not have a national structure or you are unable to meet this requirement, please meet with your counselor to explore other options for late arrival or early dismissal that do not include a PE exemption. Deadline for submission is August 1<sup>st</sup> the start of the school year for semester 1 and December 1st prior to the start of semester 2).

\_\_\_\_\_ Students in grades 9-12 who participate in interscholastic athletic programs may be exempted from PE during the season of the sport. Start and end dates of all seasons are established by the Illinois High School Association. (Students will be placed into a study hall during the same period as their PE course, which will remain as an active course on the student's schedule. Once the student's season has ended the study hall will be dropped from their schedule and they will return to their PE class for the remainder of the semester. The student will receive a PE credit and a grade of a P will be given to all students who are in PE less than 6 weeks. Students approved for this exemption cannot take another class in place of PE Deadline for submission is within 5 days after rosters have been determined)

**Post-Secondary Preparation Exemptions for Students in Grades 7-12\***

\_\_\_\_\_ Students in grades 7-8 whose schedule does not allow for a career pathway or foreign language elective opportunity may choose a PE exemption to be able to experience one of these elective courses. (A student with **TWO (2)** of the following in their schedule has access to a PE exemption- Dual Language, Reading Strategies 1 or 2, and/or AVID. Student is not exempt from health class. Completed form is due during the registration process).

**Course replacing PE 1.** \_\_\_\_\_ **2.** \_\_\_\_\_

\_\_\_\_\_ Students in grade 12 may request an exemption to replace PE with a post-secondary college or career enrichment course. If the enrichment course is dropped, the student will lose their PE exemption and need to make up the P.E. class. (The prerequisite for this exemption is two credits in Independent PE class. This exemption must be chosen during the registration process and form submitted before winter break)

***\*If all students are allowed 6 classes: To receive a Post-Secondary PE exemption a student cannot have more than 2 open periods, including lunch, in their schedule. (Cannot apply for more than two Post-Secondary Preparation PE Exemptions)***

***\*If all students are allowed 7 classes: To receive a Post-Secondary PE exemption a student cannot have more than 1 open period, including lunch, in their schedule (Cannot apply for more than two Post-Secondary Preparation PE Exemptions)***

### **Other P.E. Exemptions**

\_\_\_\_\_ Students in grades 9-12 who are enrolled in a marching band program instead of PE (Valid for the semester in which there is ongoing participation in marching band class. This exemption must be chosen during the registration process and form submitted before winter break)

\_\_\_\_\_ Students in 12<sup>th</sup> grade who need enrollment in academic classes which are required for graduation from high school, provided that failure to take such classes will result in the pupil being unable to graduate at the end of 8 semesters. (Student must have a minimum of three years of attendance in high school and cannot have more than one open period, **\*see above**, in their schedule)

\_\_\_\_\_ Students in grades 7-12 who must use the time set aside for physical education to receive special education support and services, subject to the student's Individualized Education Plan. (IEP) (Student who is unable to access at least one yearlong elective opportunity)

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Student Name \_\_\_\_\_ Student ID # \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Counselor Signature \_\_\_\_\_ Date \_\_\_\_\_

*If applicable, list class to be taken in place of P.E. if exemption is approved:*

\_\_\_\_\_

Principal/Designated Administrator Approval \_\_\_\_\_

Date \_\_\_\_\_

\*Assistant Superintendent Approval required for Nationally sanctioned athletic program exemptions

Signature \_\_\_\_\_ Date \_\_\_\_\_